

# Austin Pinkerton

479)-903-1727



## Training Philosophy

“As a sports performance specialist, I believe in challenging the limits of everyone I work with & helping them unlock their true potential. I believe in intensity, effort, & the relentless pursuit of excellence.”

## Certifications

NSCA Strength & Conditioning Specialist  
Movement Training Systems Specialist

## Specializations

Strength & Resistance Training  
Sports Performance & Athletic Training

## Available Hours

Contact Austin for Availability